



# Year 1

## POSSIBLE YEAR 1 3D PSHE LESSON OVERVIEW

<p><b>Autumn 1</b></p>	<p>Core Theme 1 Unit 5 LESSON 6: Internet Safety - E-Safety            Core Theme 1 Unit 3 LESSON 6: Emotions – Mood Swings            Core Theme 2 Unit 1 LESSON 1: Feelings - How I Feel            Core Theme 2 Unit 1 LESSON 2: Responses - You and Me            Core Theme 2 Unit 1 LESSON 3: Opinions - I Think...            Core Theme 2 Unit 1 LESSON 4: Co-operation – Negotiation            Core Theme 2 Unit 1 LESSON 5: Co-operation - Want to Play?            Core Theme 2 Unit 1 LESSON 6: Co-operation - Let's Debate!</p>
<p><b>Autumn 2</b></p>	<p>Core Theme 1 Unit 4 LESSON 1: Happiness - Smile!            Core Theme 2 Unit 3 LESSON 1: Fair and Unfair - It's Not Fair!            Core Theme 2 Unit 3 LESSON 2: Comparisons - All the Same            Core Theme 2 Unit 3 LESSON 4: Right and Wrong - In the Right</p>
<p><b>Spring 1</b></p>	<p>Core Theme 2 Unit 2 LESSON 1: Definition - A Bully is...            Core Theme 2 Unit 2 LESSON 2: Unkindness - Blame Game            Core Theme 2 Unit 2 LESSON 3: Behaviour - Bullying is...            Core Theme 2 Unit 2 LESSON 4: Behaviour - + and –            Core Theme 2 Unit 2 LESSON 5: Behaviour - Help Me!            Core Theme 2 Unit 3 LESSON 3: Behaviour - In My Shoes            Core Theme 2 Unit 3 LESSON 5: Teasing - Cry Baby!</p>
<p><b>Spring 2</b></p>	<p>Core Theme 1 Unit 1 LESSON 1: Healthy Eating - Vote Green!            Core Theme 1 Unit 2 LESSON 1: Dental Hygiene - Brushing Up!            Core Theme 1 Unit 2 LESSON 2: Dental Hygiene - Bright White            Core Theme 1 Unit 2 LESSON 3: Dental Hygiene - Top Teeth            Core Theme 1 Unit 2 LESSON 4: Washing Hands - Meet Grub!            Core Theme 1 Unit 2 LESSON 5: Keeping Clean - Bath-time            Core Theme 1 Unit 2 LESSON 6: Skin - Skinny Tips</p>



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<b>Summer 1</b>	Core Theme 2 Unit 3 LESSON 6: Kindness - Give a Little Core Theme 2 Unit 4 LESSON 5: Family - My Family Core Theme 2 Unit 4 LESSON 6: Family - Special People Core Theme 3 Unit 1 LESSON 6: Caring - Talking to Plants
<b>Summer 2</b>	Core Theme 1 Unit 3 LESSON 4: Changing Needs - I Need Core Theme 1 Unit 3 LESSON 3: Growing Up - All Grown Up Core Theme 1 Unit 5 LESSON 1: Sun Safety – It's a cover up! Core Theme 1 Unit 5 LESSON 4: Personal Safety - Secret Surprise Core Theme 1 Unit 5 LESSON 5: Emotional Safety - Getting Help

